

MESSAGE DISCUSSION QUESTIONS

MAY 1, 2022

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This week, Senior Pastor Marty Grubbs continued in our *Fearless* series, focusing on something that is prevalent in our culture today—the fear of missing out, or FOMO as it is called. This fear is most often based in insecurity and focusing on the wrong things. With social media presenting unrealistic expectations of relationships, image, etc., it is as important as ever to spend time in God’s Word, fixing our eyes on Jesus and knowing our true worth in Christ. By doing this, we will not think too highly of ourselves. The answer is not to think less of ourselves, but to think of ourselves less, and God more.

Insecurity: I’m not enough, I’m not wanted enough, paranoia, fear of missing out

SCRIPTURE

ROMANS 12:3

For by the grace given me I say to every one of you: Do not think of yourself more highly than you ought, but rather think of yourself with sober judgment, in accordance with the faith God has distributed to each of you.

MATTHEW 6:22-23

Your eye is like a lamp that provides light for your body. When your eye is healthy, your whole body is filled with light. But when your eye is unhealthy, your whole body is filled with darkness. And if the light you think you have is actually darkness, how deep that darkness is!

HEBREWS 12:1-2

Therefore, since we are surrounded by such a huge crowd of witnesses to the life of faith, let us strip off every weight that slows us down, especially the sin that so easily trips us up. And let us run with endurance the race God has set before us. We do this by keeping our eyes on Jesus, the champion who initiates and perfects our faith. Because of the joy awaiting him, he endured the cross, disregarding its shame. Now he is seated in the place of honor beside God’s throne.

ISAIAH 43:1-3

But now, this is what the Lord says—

he who created you, Jacob,

he who formed you, Israel:

“Do not fear, for I have redeemed you;

I have summoned you by name; you are mine.

When you pass through the waters,

I will be with you;
and when you pass through the rivers,
they will not sweep over you.
When you walk through the fire,
you will not be burned;
the flames will not set you ablaze.
For I am the Lord your God,
the Holy One of Israel, your Savior

DISCUSSION QUESTIONS

1. What stood out from Marty's message?
2. Read Romans 12:3. What happens when people think too highly, or not well enough about themselves? How does this relate to insecurity?
3. Where do people tend to find their value? What is the problem with this?
4. Read Matthew 6:22-23 and Hebrews 12:1-2. Where should our focus be?
5. What or who fights for your attention? (phone, work, family, etc.)
6. Read Isaiah 43:1-3. How does God give us our true value?
7. What difference does this make in your life?
8. How can we pray for you?

PRAYER

Thank God for knowing you by name, for giving us his Word to focus on, and placing value on our lives because of who he is, not because of anything we've done. Ask him to reveal areas where you compare yourself to others, where insecurity guides your thoughts and actions, and where you can give up distractions to spend time with him.